

The basic aim of UISEL is to leverage processes of independency and individual empowerment of Senior Citizens through the use of mobile devices that allow an almost ubiquitous access to the information and communication.



UISEL TRAINING CURRICULUM

UISEL targets citizens aged 50+ with the aim of raising awareness and providing practical learning on the benefits of using mobile devices. A set of six mobile multimedia modules has been developed in 7 different languages and integrated in an App which is now available for piloting. Each module is divided in four units and is programmed for 16 hours from which 8 hours are self-practice.

Introduction module

Provides the basics on tablet usage, while exploring as well the www, wifi, apps and online security.

e-Interaction / e-Communication

Explains how to manage an e-mail account, use Skype, social media/Facebook and actively participate in Forums.

e-Information / e-Government

Explores the EU and national legislation on seniors' benefits, consumer protection rights and useful services available online.

e-Entertainment / Media

Presents free online resources, online newspapers and magazines, e-games and also photo edition apps.

e-Health

Explores EU and national resources on e-health services, such as online appointment, and e-health apps.

e-Shopping / e-Banking

Explains e-commerce and payment methods, as well as e-banking basic and advanced functions.

PROJECT DEVELOPMENT

The third project meeting took place in Bojnice, Slovakia, on the 2nd and 3rd of February, organized by our Slovak partner Forum Pre Promoc Starsim. After the demanding period of content development work, this meeting was mainly used to plan the piloting stage. The "train-the-trainer" program was planned to

occur in March/April and the seniors' training between May and July. The final project meeting will take place in Granada, Spain, on the 26th to 28th of October, organized by Aula Permanente de la Universidad de Granada.

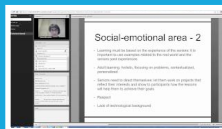
The Piloting Stage

The piloting stage is organized in a two-stage learning process:

1. A first training phase based in a collaborative e-platform for trainers and care-takers dealing with senior citizens with a total of 41 participants, has taken place along March/April. Each country partner was given the necessary flexibility to implement the training according to local specificities. Still in general terms, an initial workshop was organized to introduce the project, as well as the tools and contents available. In between the participants were asked to access the Moodle platform and go through the materials. A closing session was set up aimed at collecting feedback from the participants and selecting the ones to join as trainers in the second stage. The evaluation was performed through group discussion with pre-defined evaluation topics where the participants' opinions and improvement suggestions were registered.

2. From May 2015 new Apps with Game and Video Repository are available targeting directly the seniors. The trainers selected from the previous stage are now actively involved in the implementation of the training for the seniors. Workshops are running in all the partner countries up to July, and eventually still during September and mid-October. On the next Newsletter n° 4 we will share the main results of the seniors' training stage.

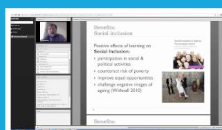
Two videoconferences, at international level, were held along the on-line training:



Seniors and Education – learning styles and educational interventions

Federica Mazzocchi
(Anziani et Non Solo, IT)

<https://youtu.be/rLOcc6Gq490>



Benefits of learning in later life

Franz Kolland
(University of Vienna, AT)

<https://youtu.be/yid30qQ4Q6k>

Erasmus+ / Adult Learning

Erasmus+ / Adult Learning aims to improve the quality of adult learning across Europe. It will provide opportunities for adult learning professionals to learn from each other and develop strategic partnerships. It will focus on common challenges, such as the recognition of skills learnt outside the formal education system. Erasmus+ will make adult learning more accessible and improve the skills of citizens across Europe. It involves:

- Exchange of staff within adult education organisations, including structured course or training and job shadowing or observations.

- Cooperation between institutions and organisations, to: exchange experiences and best practice, develop regional strategies, develop, test, and validate new curricula, and to implement European policy on adult education.
- Cooperation with business, including job shadowing, collaboration on curricula, training courses and seminars.
- Platform for Adult Learning in Europe (EPALE) where professionals in adult learning can learn from each other and exchange good practices online.

Project Partners



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FEATURED PARTNERS

ZIVOT 90 (Life 90) is a non-governmental, not-for-profit civil association established in October 24th 1990 and working with and for older people in the Czech Republic since then.

The headquarters is in Prague and we have more than 10.000 members and 3 main branches all over the Czech Republic. The main goal of the association is to create conditions for exchange, storing, dissemination of experiences, knowledge and proficiency regarding older people and we strive for improvement of the quality of life of older people so that nobody need to be ashamed for his/her age. Our main program is one we choose to call "Home is at Home". It is a summary of services which seek to support older people, especially those among them who are lonely and socially disadvantaged, as well as people with disabilities, in their homes, their natural environment. It is a program for 95% of people over the age of 60. We have provided social services for many years now and tried to fulfill the mission of our organization, as well as the wishes of all of us, so precisely because of the services we could live in our homes for as long as possible and the services helped us to do just that. Our main services are seniors' Telephone – Crisis helpline, AREION Emergency Care, Daily Services Centre and Care Service.

Help For Elderly Forum was officially registered in March 2000. In Slovakia, Forum is one of three biggest organizations dealing with issues of elderly people.

Mostly, it deals with protection and enforcement of rights, discrimination, realisation of various surveys and monitoring of elderly people in Slovakia and in EU, too. It is a civil society, which merges personal and corporate entities providing care and help, services and activities for elderly and with elderly. Mission of the Forum is to decrease misfortune, misery and loneliness of elderly, specially of socially disadvantaged and disabled older people, to promote their integration into the social and public life. In accomplishing its mission, Forum cooperates with government, municipal, and representative bodies, institutions and with other organizations in Slovakia and abroad. Also, we are member of Government Council for Elderly. Forum has around 340 members amongst which are member organizations with national and regional field of action, and also personal entities – elderly people and experts. We create active and expert groups in regions. Our organization is oriented on everyone, who works with elderly and for elderly citizens and enforces rights and needs of seniors from across the whole Slovakia.

Upcoming Events

EDEN annual conference in Barcelona (Spain) June 9th – 12th 2015

This annual conference dedicated this year to “Expanded learning scenarios” aims to highlight what the society would expect from new technologies and the needs of new education approaches in using ICT. The themes of the conference cover learning scenarios, expanding education approaches, learning analytics from the learning perspective, how to empowering learners and new generation of methodologies.

Ms. Serena d’Angelo from partner ANS will participate in this event presenting the UISEL project with a Poster.

<http://www.eden-online.org/eden-events/upcoming-conference.html>

Woman in different forms in Presov (Slovakia) June 14th 2015

The aim of this conference is to raise awareness of women about the possibilities of education and active life in retirement and pre-retirement. In the lecture „Autumn of life – limitation or challenge” partner FPPS will speak about education, seniors’ activities with special reference to UISEL project.

UISEL final conference in Granada (Spain) October 26th – 28th 2015

The final event of UISEL project will be held in Granada, Spain, on 26th-28th Oct 2015. About 150 participants are expected. The programme consists of two full days with invited speakers addressing issues related with Seniors and ICT usage, and also a practical workshop will be organized targeting directly senior participants.

Other Events

9th ICAE World Assembly, 11-14 June 2015, Montreal, Canada

<http://waam2015.org/en>

3rd international conference on Ageing in a Foreign Land, 24-26 June 2015, Adelaide, Australia

<http://www.flinders.edu.au/ehl/conferences/ageing/>

‘Ageing in changing times: challenges and future prospects’ - 44th annual British Society of Gerontology conference 2015, 1-3 July 2015, Newcastle, UK

<http://conferences.ncl.ac.uk/bsg2015/>

EPALE - ePlatform for Adult Learning in Europe

EPALE is a multilingual open membership community for teachers, trainers, researchers, academics, policy makers and anyone else with a professional role in adult learning across Europe. Community is at the heart of EPALE. It is set up around the sharing of content related to adult learning, including news, blog posts, resources, and events and courses. EPALE is funded by the European Commission, as the latest development in an ongoing commitment to improving the quality of adult learning provision in Europe.

Members of the community can engage with adult learning colleagues across Europe through the site’s features, including the forums and by commenting under blogs. You can also interact with your peers across Europe through the thematic areas which provide structured content according to topic. You can find projects and make professional connections using the partner search repository.

<https://ec.europa.eu/epale/>